2024 Course Schedule

Course Name	Min Age	Duration	17th June	24th June	1st July	8th July	15th July	22nd July	29th July	5th August	12th August
Cara Na Mara	7-9yrs	1wk (1/2 days)					A	C			
course A&D: 8-9yrs old (year2), course B&C: 7-8yr olds (year1)							B	D			
Taste of Sailing (Intro)	9yrs	2wks (1/2 days)							B		
							A				
Start Sailing (L1)	10yrs	2wks (1/2 day)					A				
									B		
Basic Skills (L2)	10yrs	2wks (full days)			A		B				
Improving Skills (L3)	11yrs	2wks (full days)			A		B		C		
Advanced Boat handling (L4)	12-13yrs	2wks (full days)	A		B				C		
(Add on week can not be book at this time, instructor will advise if required)											
Teen Improving Skiils (L1 &L2)	13yrs	2wks (full days)	A								
Training weeks			Toppers (A)						Optimist (B)	Optimist (C)	(D) Pre-entry Training (420's)
Topper Coaching (to allow travel to Southerns and Nationals)		17th-20th, 24th-26thJuly									
Optimist Coaching: Week B (Regatta fleet) and Week C (junior and senior fleet)		1 week (full days)									
Pre-entry Training (Club 420's)		1 week (full days)									
Kites & Wires	14yrs	2wks (full days)	A		B				D		
(Reduced cost of €210 if own boat)											
Adventure 1	15yrs	3wks (full days)		A					B		
Fun Week (aged 13+)	12yrs+	2wks (full days)					A				
(Improving skills completed)											
Trainee Assistant instructor	16yrs	2wks (full days)	A		B		C		D		
(See Pre-requisites required, to register for this course)											
Adult Sailing	over18	1wk (1/2 days)	A								C
			B								D