

Points to note
Course start and finish times: Start Sailing, Taste of Sailing, CARA NA MARA & ADULT SAILING ARE HALF DAYS (09.30 -13.00 OR 14.00-17.30) ALL OTHER COURSES ARE FULL DAY (09.30 TO 17.30), EXCEPT BASIC SKILLS (L2) WHICH FINISH AT 16.00
Boat hire: BOAT HIRE IS INCLUDED IN CARA NA MARA, KITES AND WIRES AND ADVENTURES COURSES. There IS NO club boats available to hire for those completing ABH. Own boat is required. Some Club Optimist are available to hire for Taste of sailing, Start Sailing and Basic sailing. These are plastic boat suitable for these levels. We recommend for sailors completing Level 3 and higher, own boat is needed to maximum benefit from course. FOR ALL COURSES, IF A HIRE BOAT IS REQUIRED, IT CAN BE BOOKED SEPARATELY, ONCE COURSE PLACE CONFIRMED. UNFORTUNATELY THE CLUB CANNOT PROVIDE BOATS FOR ALL AND GIVES PRIORITY TO THOSE NEW TO SAILING
Trainee Assistant Instructor (TAI): MIN Age 16yrs THE FOLLOWING QUALIFICATIONS ARE REQUIRED FOR ALL WISHING TO REGISTER FOR THE TRAINEE ASSISTANT INSTRUCTOR COURSE. 1. COMPLETION OF ADVENTURE COURSE IN WHSC 2. SAFEGUARDING CERTIFICATE 3. POWERBOAT LEVEL 2 4. IRISH SAILING GARDA VETTING
All Queries and questions: PLEASE READ THE 2025 SAILING COURSE INFO LETTER ON THE JUNIOR SAILING PAGE ON THE WEBISTE.

Course Name	Min Age	Duration	AM/PM	Price per week
Cara Na Mara	7-9yrs	1wk (1/2 days)	AM	€ 125
<small>Course A,D&E: 8-9yrs old (year2), course B,C &F: 7-8yr olds (year1)</small>			PM	€ 125
Taste of Sailing (Intro)	9yrs	2wks (1/2 days)	AM	€ 100
			PM	€ 100
Start Sailing (L1)	10yrs	2wks (1/2 day)	AM	€ 100
			PM	€ 100
Basic Skills (L2)	11yrs	2wks (full days)	16.00 finish	€ 200
Improving Skills (L3)	11yrs	2wks (full days)		€ 200
Advanced Boat handling (L4)	12-13yrs	2wks (full days)		€ 220
<small>(Add on week can not be book at this time, instructor will advise if required)</small>				
Teen Improving Skills (L1 & L2)	13yrs	2wks (full days)		€ 220
Coaching Weeks (Topper/Laser & Optimist)		1wk (full days)	(A,B&C)	€ 210
<small>(A: Laser/Topper, B: Senior Optimist, C: Regatta Optimist, D: 420 Pre-instructor)</small>			(D)	€ 250
Kites & Wires	14yrs	2wks (full days)		€ 275
<small>(Reduced cost of €220 if own boat)</small>				
Adventure 1	15yrs	2wks (full days)		€ 275
Open Week	11yrs	1wk (full days)		€ 140
<small>(addon week for those completing sailing course 2025)</small>				
Trainee Assistant instructor	16yrs	2wks (full days)		no cost
<small>(See Pre-requisites required, to register for this course)</small>				
Adult Sailing	over18	1wk (1/2 days)	AM	€ 125
			PM	€ 125